

Love yourself, teenager, be yourself
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Enjoy a life of
abundant
love
joy
peace
health
prosperity

Workshop based on the philosophy of Louise L. Hay

About Louise L Hay: Louise Hay is a metaphysical teacher. She was diagnosed with cancer and given 6 months to live. This was 22 years ago. Using a holistic approach with several psychological and natural processes, she healed herself completely. Today she provides support to millions of people through her books, seminars and foundation. Her work is not limited to 'well-being' but encompasses all areas of life. Her philosophy is to look within, identify limiting beliefs and blocks, and release them so that we can find the love and healing energy within our own selves.

***A wonderful opportunity to journey within your self
and grow in a safe, caring and nurturing environment***

Course Leader: G.L. Sampurna is a psychologist with 27 years experience in counselling, meditation, mind coaching and training. As founder of 'Oneiric', she has worked with individuals, corporates, police and educational institutions, impacting several thousand people in their journey to personal growth. Sampurna is a certified leader of the 'Love yourself, heal your life' workshop. With her keen perception, insight and sensitivity, she is committed to help individuals empower themselves by discovering their own inner strength.

Love yourself, teenager be yourself!

Information/Registration

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Date and time of workshop